

# Maine Educational Opportunity Association FACTBOOK 2020-2021

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A Summary of the Success of Maine TRIO Programs  
Providing Services to over  
**7,600 Maine People**



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# What is TRIO?

**T**RIO is a network of federally supported college opportunity programs that encourage and support students from disadvantaged backgrounds to pursue a college education. Over 3,100 programs nationwide assist more than 800,000 low-income, first-generation students and students with disabilities, from sixth grade through college graduation. TRIO programs offer academic tutoring, personal counseling, mentorship, financial guidance, and other services to aid students in educational access and retention.

TRIO programs were the first national college access and retention initiatives in the United States to address severe social and cultural hurdles to learning. TRIO was established as part of Lyndon B. Johnson's War on Poverty. Upward Bound was developed by the Educational Opportunity Act of 1964 as an experimental program. The Higher Education Act of 1965 then established Talent Search. Finally, in 1968, the Special Services for Disadvantaged Students (later known as Student Support Services) project was introduced. This "trio" of federally funded initiatives helped low-income students gain entry to higher education. Educational Opportunity Centers and Veterans Upward Bound were added in 1972, the Ronald E. McNair Post-Baccalaureate Achievement Program in 1986, and Upward Bound Math/Science in 1990.



Two-thirds of the students served by each program must come from homes with earnings of 150 percent or less of the federal poverty threshold, with neither parent having completed college, as stipulated by Congress. More than 1,000 colleges, universities, community colleges, and agencies now offer TRIO Programs in the U.S. and its territories. TRIO funds are distributed to institutions and agencies through competitive 5-year grants.

# Maine TRIO Programs

## UPWARD BOUND (UB)

### **Population Served:**

Students in grades 9-12 who qualify as low-income or potentially first-generation college students.

### **Services Offered:**

Academic year weekly services and a six-week summer program. Services include academic instruction in math, science, composition, literature and foreign language, tutoring and mentoring, academic, financial, and personal counseling, assistance completing college & financial aid applications, and career exploration.

## UPWARD BOUND MATH & SCIENCE (UBMS)

### **Population Served:**

Students in grades 9-12 who qualify as low-income or potential first-generation college students who have an interest in pursuing careers in STEM.

### **Services Offered:**

Summer programs consist of intensive math and science training, year-round counseling and advising, computer training, exposure to university faculty who perform research in math and science, scientific research conducted under the guidance of a faculty or graduate student mentor. Tutoring and mentoring, academic, financial, and personal counseling, assistance completing college and financial aid applications, and career exploration.

## VETERANS UPWARD BOUND (VUB)

### **Population Served:**

Veterans who meet military service requirements stipulated in the authorizing statute and who are low-income, prospective first-generation college students preparing to enter a postsecondary institution.

### **Services Offered:**

Services include connection to qualifying veterans benefits, academic, financial, and personal counseling, tutoring services, refresher classes for subjects required in college, assistance completing college and financial aid applications, and basic skills development for GED completion as required.

# Maine TRIO Programs

## EDUCATIONAL OPPORTUNITY CENTERS (EOC)

### Population Served:

Adults 19 years or older pursuing postsecondary education as first-generation and low-income students.

### Services Offered:

Academic advising, personal counseling, career workshops, college application assistance & test preparation, and financial & economic literacy education.



## STUDENT SUPPORT SERVICES (SSS)

### Population Served:

Undergraduate students who are low-income, prospective first-generation college students or students with disabilities.

### Services Offered:

Intensive academic, financial, and personal counseling, tutoring services, and assistance completing college and financial aid applications.

## EDUCATIONAL TALENT SEARCH (ETS)

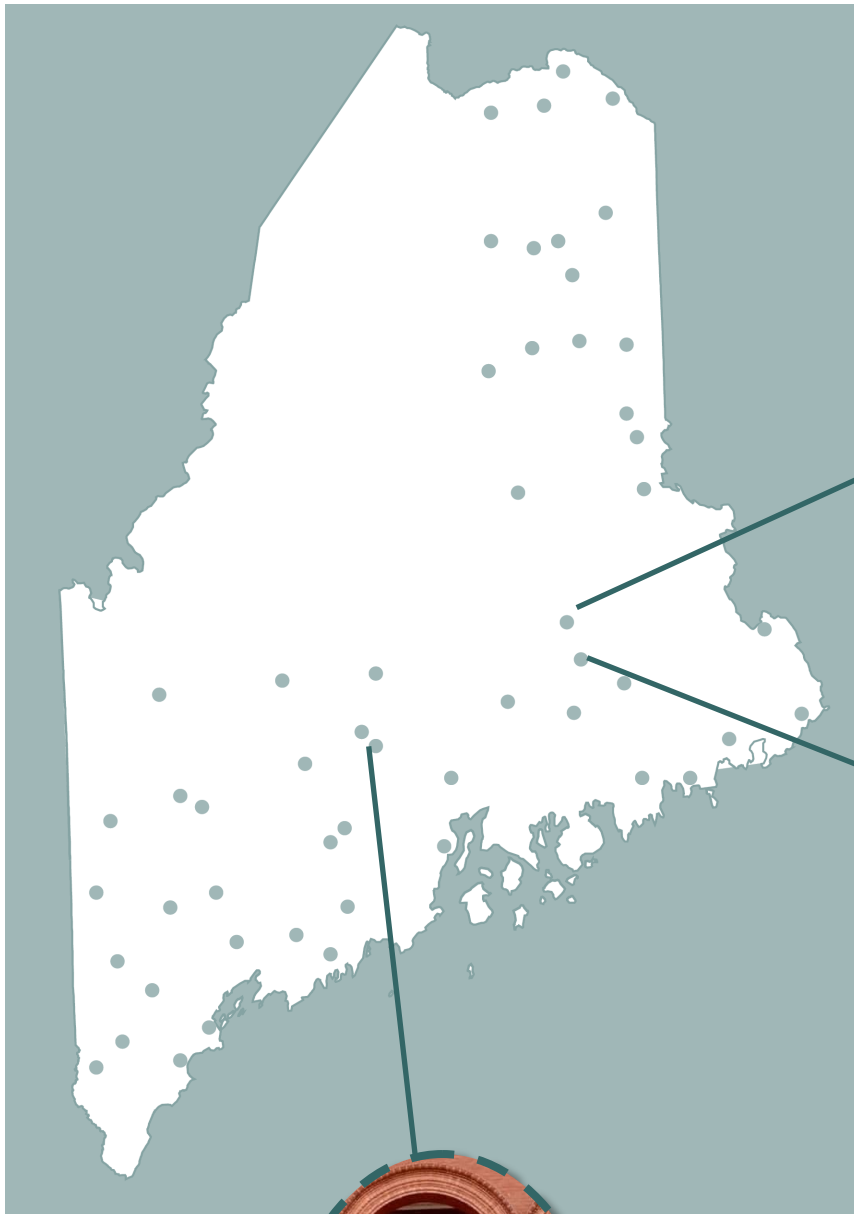
### Population Served:

Students in grades 6-12 and adults up to age 27 pursuing post-secondary education who qualify as low-income or potential first-generation college students.

### Services Offered:

Academic, financial, and career counseling, exposure to college campuses, tutoring services, assistance in completing the college admissions process, and publicizing and assisting with financial aid applications.

# TRIO Projects in Maine



**Total Programs: 31**  
**Total Students Served:**  
**7,698**

**Total Funding for**  
**2020-2021:**  
**\$11,636,240**

# TRIO Projects in Maine

Total Programs: 30  
Total Students Served:  
7,698

Total Funding for  
2020-2021:  
\$11,636,240

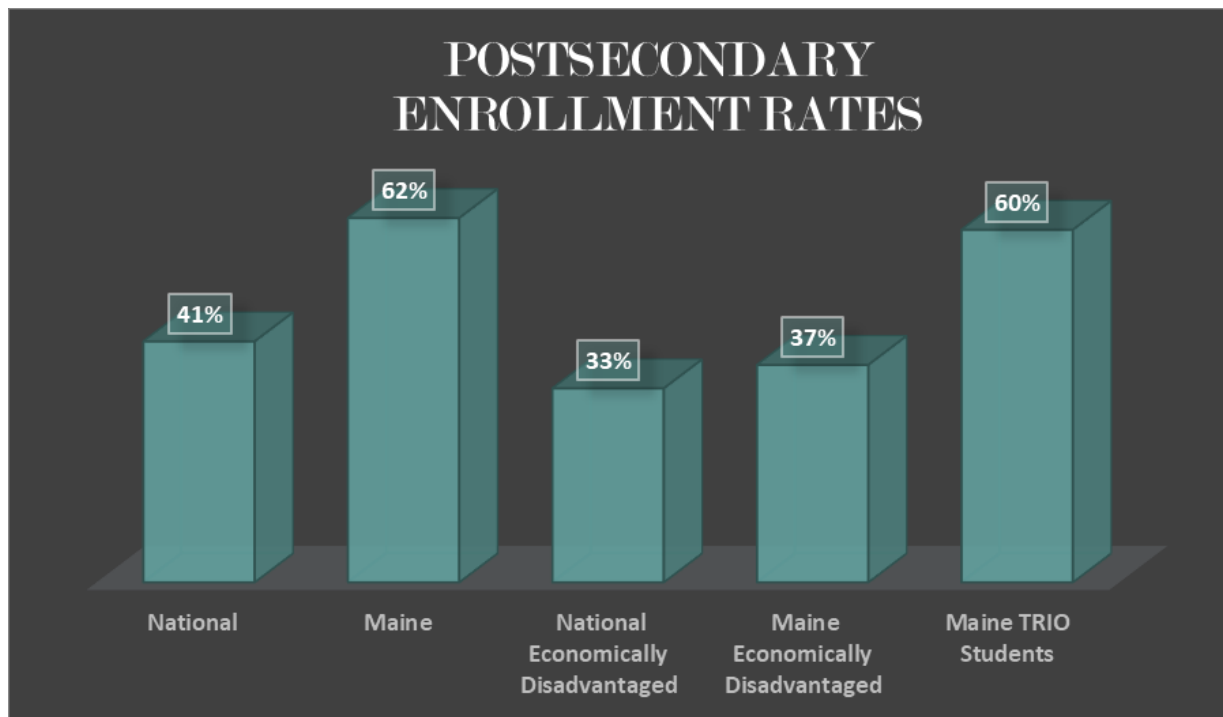
Congressional District	Program and Location	# Students Served	Grant Award
ME-02	<b>Educational Opportunity Center - University of Maine</b>	2,269	\$810,199
	<b>Educational Talent Search</b>		
ME-02	University of Maine at Presque Isle	500	\$277,375
ME-02	University of Maine	1,111	\$616,328
	<b>Student Support Services 2-year</b>		
ME-02	Central Maine Community College (2)	295	\$596,999
ME-02	Eastern Maine Community College	150	\$261,888
ME-02	Kennebec Valley Community College	180	\$338,972
ME-02	Northern Maine Community College	175	\$335,111
ME-01	Southern Maine Community College (2)	240	\$523,776
ME-02	Washington County Community College	160	\$291,262
	<b>Student Support Services 4-year</b>		
ME-01	Thomas College	140	\$259,491
ME-02	University of Maine	400	\$810,199
ME-01	University of Maine at Augusta	340	\$544,741
ME-02	University of Maine at Farmington	180	\$338,971
ME-02	University of Maine at Fort Kent	165	\$343,051
ME-02	University of Maine at Presque Isle	180	\$358,735
ME-01	University of Southern Maine (2)	260	\$523,776
	<b>Upward Bound</b>		
ME-01	Bowdoin College (2)	167	\$826,406
ME-02	University of Maine	60	\$297,601
ME-02	University of Maine at Farmington (2)	139	\$718,355
ME-02	University of Maine at Presque Isle (2)	129	\$720,789
ME-01	University of Southern Maine (2)	127	\$655,173
ME-02	<b>Upward Bound Math Science– University of Maine</b>	67	\$353,590
ME-01	<b>Veterans Upward Bound– University of Southern Maine</b>	125	\$297,601

# The Educational Landscape of Maine

TRIO Programs seek to improve outcomes for students in multiple areas. Programs report on these outcomes (called Program Objectives) annually, and use these data to improve services to students. Program Objectives are set against benchmark data, specific to the region served by each project, thus services are customized to the target population. The following are some benchmark data points to show statistical outcomes for students who don't participate in TRIO programs. On the following pages, TRIO program data are shared.

## In Maine:

- 23% of families live in poverty.
- 36% of adults, ages 18-24 live below 200% of the federal poverty level.
- 76.7% of low-income students graduate from high school.
- 52% of high school seniors complete the Free Application for Federal Student Aid (FAFSA).
- 31% of adults 25 years or older have a Bachelor's Degree or higher.



### Sources:

<https://datacenter.kidcount.org>

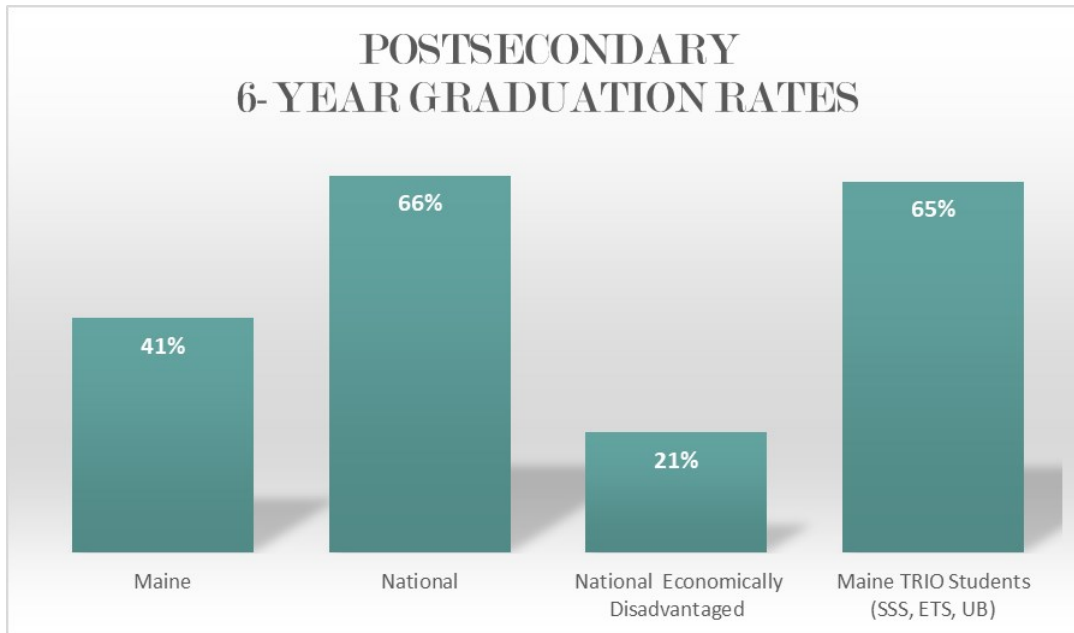
<https://www.census.gov/quickfacts/ME>

<https://www.maine.gov/oe/data-reporting/reporting/warehouse/outcomes>

<http://pellinstitute.org/indicators/>

<https://nces.ed.gov/programs/coe/indicator/cpa>

## POSTSECONDARY 6-YEAR GRADUATION RATES



## The Impact of COVID

In March of 2020 education across the nation changed dramatically. College campuses sent students home; high schools shifted to remote learning. In Maine, economic disparities became more visible. Students disengaged from learning and some disappeared from school altogether.

TRIO programs mobilized to continue delivering high-impact services from a distance. This included providing needed technology to students, offering social and emotional support, and bolstering academic resources to help students through this historic moment. Maine students are still experiencing the impacts of the pandemic on a daily basis. TRIO has seen both successes and challenges as a result.

- Nationally, postsecondary enrollment has dropped 5.8% since 2019.
- FAFSA completion rates fell 4.8% in 2020 (down 3.7% from 2019).
- In Fall 2021 there were 240,000 fewer undergraduate students than in Fall 2020.
- Only 6% of Common Application users are from low-income communities.
- Only 1:3 of Common Application users in Maine are first-generation college goers.

Sources:

<https://nscresearchcenter.org>  
<http://kqed.org>  
<https://www.commonapp.org/statereports>



# Maine TRIO Program Outcome Data

## 2020-2021

<b>Educational Talent Search</b>	
Total Students	<b>1,611</b>
Low-Income & First-Generation Students (LIFG)	<b>797</b>
Rate of Non-Senior Students Persisting to the Next Grade Level	<b>85%</b>
Rate of Seniors Completing FAFSA	<b>63%</b>
Rate of Seniors Graduating with Rigorous Curriculum	<b>50%</b>
High School Graduation Rate	<b>89%</b>
College Enrollment Rate	<b>53%</b>
Rate of 2014-2015 Cohort College Enrollees Graduating in 6 years	<b>57%</b>

<b>Educational Opportunity Centers</b>	
Total Students	<b>1,744</b>
Low-Income & First-Generation Students (LIFG)	<b>1,184</b>
Rate of FAFSA Completion	<b>64%</b>
Rate of Students Applying to College	<b>34%</b>
Rate of Students Enrolling in College	<b>50%</b>

<b>Student Support Services</b>	
Total Students	<b>2,777</b>
Low-Income & First-Generation Students (LIFG)	<b>1,601</b>
College Retention Rate	<b>69%</b>
Graduation Rate	<b>55%</b>

# Maine TRIO Program Data

## 2020-2021

Upward Bound	
Total Students	689
Low-Income & First-Generation Students (LIFG)	467
Percentage of Students with a 2.5 GPA or Higher	76%
Rate of Seniors Graduating from High School with Rigorous Curriculum	81%
High School Graduation Rate	91%
College Enrollment Rate	72%
Rate of 2014-2015 Cohort College Enrollees Graduating in 6 years	49%

Veterans Upward Bound	
Total Students	125
Low-Income & First-Generation Students (LIFG)	88
Improvement on Standardized Test	82%
Program Retention and Completion	73%
College Enrollment Rate	100%

### TRIO STUDENTS

in Maine are **81%** more likely to enroll in college than their nationally economically disadvantaged peers.

### TRIO STUDENTS

in Maine are **3 times** more likely to graduate from college than their nationally economically disadvantaged peers.

# Maine Alumni Stories



## Monique Mills

University of Maine at Farmington, Upward Bound

Monique graduated from the University of Maine at Machias with a Bachelor's degree in Marine Biology and is working toward her PhD in Biomedical Science from UMaine.

Currently she is studying the effects of cancer treatments on female fertility at Jackson Laboratory, and just finished up a certificate program in Science Policy from UC Irvine.

*"I am the first in my family to attend college, and when I first learned about the TRIO Upward Bound program I applied because I thought this was the path I needed to take to get to college. Since then TRIO has had several other meanings to me, both professionally and personally. TRIO meant friendship, meant I had the confidence and skills to succeed, and meant knowing how to find supportive mentors. TRIO Upward Bound has been a reminder of where I came from and how far I've come in my career so far."*



## Gabby Lodge

University of Southern Maine, Student Support Services

Gabby graduated from the University of Southern Maine with a BA in Social and Behavioral Sciences. She earned her Master of Public Health (MPH) in Maternal and Child Health at the University of Illinois, Chicago. She is currently pursuing both Bachelor's of Nursing (BSN) and Nurse Practitioner (NP) degrees at Yale.



## Kate Michaud

University of Maine, Educational Opportunity Center

Kate graduated from Northern Maine Community College with an Associate's Degree in Nursing. She became a certified RN in 2015. She is currently enrolled at the University of Southern Maine in the accelerated RN to MSN program. Kate is a full-time nurse and mother, and plans to earn a PhD in nursing.

*"The support I received was pivotal for me to be able to feel empowered and brave enough to try to go to college as an adult."*

# MEEOA Board of Directors

Title	Institution	Program	Email
President Sam Prosser	University of Southern Maine	UB	samantha.prosser@maine.edu
Past President Mary Sinclair	University of Maine at Farmington	UB	mary.sinclair@maine.edu
President-Elect Terry Charlton	Central Maine Community College	UB	tcharlton@cmcc.edu
Secretary Alyssa West	University of Southern Maine	UB, SSS, VUB	alyssa.west@maine.edu
Treasurer Nick Lallemand	University of Maine at Fort Kent	SSS	nikolas.lallemand@maine.edu
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Development Chair Andrew Long	University of Southern Maine	SSS	andrew.long@maine.edu
Fair Share Chair Steve Visco	University of Maine	ETS, EOC	steve.visco@maine.edu
Webmaster Casey Henderson	University of Maine	ETS, EOC	casey.henderson@maine.edu
Membership Chair Kate Walsh	University of Maine	EOC	kevit@maine.edu
Conference Chair Kelsey Bailey	University of Southern Maine	VUB	kelsey.m.bailey@maine.edu
Nominations and Elections Chair Mary Sinclair	University of Maine at Farmington	UB	mary.sinclair@maine.edu
New England Educational Opportunity Assoc. Liaison Mary Sinclair	University of Maine at Farmington	UB	mary.sinclair@maine.edu
State Fact Book Coordinator Elyse Pratt-Ronco	University of Maine at Farmington	UB	elyse.pratt@maine.edu

For more information on TRIO programs in Maine: [www.meeoa.org](http://www.meeoa.org)

For more information on TRIO programs in New England: [www.neoaonline.org](http://www.neoaonline.org)

For more information on TRIO programs Nationally: [www.coenet.us](http://www.coenet.us)

# MEEOA Member Programs

## **Bowdoin College**

Upward Bound

Project Director, Bridget Mullen, [bmullen@bowdoin.edu](mailto:bmullen@bowdoin.edu)

<https://www.bowdoin.edu/upward-bound/>

## **Central Maine Community College**

Student Support Services

Project Director, Terry Charlton, [charlton@cmcc.edu](mailto:charlton@cmcc.edu)

<https://www.cmcc.edu/academics/support/trio-student-support-services/>

## **Eastern Maine Community College**

Student Support Services

Project Director, Michael Schwabenbauer, [mschwabenbauer@emcc.edu](mailto:mschwabenbauer@emcc.edu)

<https://www.emcc.edu/academics/support/trio-student-support-services/>

## **Kennebec Valley Community College**

Student Support Services

Project Director, Lisa Black, [lblack@kvcc.me.edu](mailto:lblack@kvcc.me.edu)

<https://www.kvcc.me.edu/academics/support/trio-student-support-services/>

## **Northern Maine Community College**

Student Support Services

Project Director, Tammy Nelson, [ntnelson@nmcc.edu](mailto:ntnelson@nmcc.edu)

<https://www.nmcc.edu/academics/support/student-services/trio/>

## **Southern Maine Community College**

Student Support Services

Project Director, Katharine Lualdi, [klualdi@smcme.edu](mailto:klualdi@smcme.edu)

<https://www.smcme.edu/academics/success-programs/trio/>

## **University of Maine**

Educational Opportunity Center

Educational Talent Search

Project Director, Karen Keim, [kkeim@maine.edu](mailto:kkeim@maine.edu)

<https://meoc.maine.edu/>

<https://mets.maine.edu/>

Student Support Services

Project Director, Eric Chapman, [echapman@maine.edu](mailto:echapman@maine.edu)

<https://umaine.edu/sss/>

Upward Bound

Upward Bound Math-Science

Project Director, Becky Colannino, [colanninob@gmail.com](mailto:colanninob@gmail.com)

<https://umaine.edu/ub/>

## **Thomas College**

Student Support Services

Project Director, Cote Theriault, [cote.theriault@thomas.edu](mailto:cote.theriault@thomas.edu)

<https://www.thomas.edu/student-life/student-services/trio/>

## **University of Maine at Farmington**

Student Support Services

Upward Bound

Project Director, Lynn Ploof-Davis, [lynnp@maine.edu](mailto:lynnp@maine.edu)

<https://www.umf.maine.edu/academics/johnson-scholars-program/>

<https://www.umf.maine.edu/upwardbound/>

## **University of Maine at Fort Kent**

Student Support Services

Project Director, Nikolas Lallemand, [nikolas.lallemand@maine.edu](mailto:nikolas.lallemand@maine.edu)

<https://www.umfk.edu/student-success/trio/>

## **University of Maine at Presque Isle**

Student Support Services

Project Director, Mary Kate Barbosa, [mary.barbosa@maine.edu](mailto:mary.barbosa@maine.edu)

<https://www.umpi.edu/trio-college-access/>

Talent Search

Upward Bound

Project Director, Carol McGlenn, [carol.meglenn@maine.edu](mailto:carol.meglenn@maine.edu)

<https://www.umpi.edu/trio-college-access/educational-talent-search/>

<https://www.umpi.edu/trio-college-access/upward-bound/>

## **University of Southern Maine**

Student Support Services

Project Director, Terri Plummer, [teresa.plummer@maine.edu](mailto:teresa.plummer@maine.edu)

<https://usm.maine.edu/trio-college-programs>

Upward Bound

Veterans Upward Bound

Project Director, Alyssa West, [alyssa.west@maine.edu](mailto:alyssa.west@maine.edu)

<https://usm.maine.edu/upward-bound-veterans-high-school-students/trio-upward-bound>

## **Washington County Community College**

Student Support Services

Project Director, Nicole Nygren, [nnygren@wccc.me.edu](mailto:nnygren@wccc.me.edu)

<https://www.wccc.me.edu/academics/support/academic-support-2/trio/>



# Our hats are off to Maine TRIO!

Thank you for all you do to help create  
brighter futures for Maine people.



*Helping Maine people reach their business and higher education goals since 1983.*

FAMEmaine.com