

TRiO in Maine

YEARBOOK 06-07



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Produced by the Maine Educational Opportunity Association

FEDERAL TRIO PROGRAMS

The Federal TRIO Programs incorporate the following six major programs for under represented students:

Educational Opportunity Centers
Educational Talent Search
Ronald E. McNair Post-Baccalaureate Achievement
Student Support Services
Training Program for Special Programs Staff and Leadership Personnel
Upward Bound, Upward Bound Math/Science, Veterans Upward Bound

History

Collectively, these programs are referred to as "TRIO" or "Federal TRIO Programs." In the late 1960's when the first three programs were established, the name "TRIO" was coined. Upward Bound, the oldest of the programs, was created by the 1964 Economic Opportunity Act. Upward Bound Math/Science was added in 1990. Educational Talent Search was established by the Higher Education Act of 1965, and the Higher Education Amendments of 1968 added Special Services for Disadvantaged Students (now Student Support Services). The Higher Education Amendments of 1972 added a fourth program --Educational Opportunity Center -- but the "TRIO" name continued. The fifth program is the Training Program for Special Programs Staff and Leadership Personnel; it was established by the Education Amendments of 1976. The Higher Education Amendments of 1986 authorized the sixth program, Ronald E. McNair Post-Baccalaureate Achievement, for which funds were first appropriated in FY 1989. The legislative requirements for the TRIO programs can be found in the Higher Educational Act of 1965, as amended, Title IV, Subpart 4.

Purpose

The primary purpose of TRIO programs is to prepare under served persons for successful entry into, retention in, and completion of postsecondary education. In general, these programs identify low-income and potential first-generation college students and provide them with encouragement, support, and assistance to help them achieve their educational goals.

Service

TRIO services are designed to improve academic performance, increase student motivation, and facilitate transitions from one level of education to the next.

SSS Achiever: Scott M. Perry

Hometown: Turner
College: Central Maine Community College and the University of Southern Maine



I dropped out of high school at the age of fourteen, and I have worked menial jobs since then. In 1987 I obtained my GED. The GED really did not help that much in obtaining employment which would pay a livable wage.

In 1995, I suffered at heart attack at the young age of 32 years old. It was then that I began to evaluate my life. I decided I did not want to spend the rest of my life simply "getting by." When I turned 41 in 2004, I decided it was time to take a chance. I came to CMCC and began the process.

My first real problem came when I took Algebra 1 and failed. I took that math class again and with the help of weekly tutoring sessions in the Success Center at CM, I was able to pass that same algebra class with a "B."

TRIO was also a great help in the transfer process to USM where I will be attending in the fall. I simply told them of my plans to pursue a graduate education in psychological research and they advised me on the best way to utilize what CMCC had to offer.

Despite being a 40 something student, the TRIO staff has never said a discouraging word to me in regard to my rather lofty goals of a doctoral level education. They have always been very supportive and worked hard to help me define the best path for me to follow to achieve my goals.

I plan to obtain my BA in psychology at the University of Southern Maine, and in the meantime I am beginning to look at graduate level educational opportunities for my future. The decision to attend college has given me a great deal of self confidence which I did not have prior to attending college and has also helped me to meet many wonderful people. Most importantly my educational experience has opened my eyes to a whole new world of possibilities. I know that I will contribute to humanity before I am gone and have a great sense of accomplishment.

FEDERAL TRIO PROGRAMS

ETS Achiever: Kenneth Morse



Hometown: Machias
College: Maine Maritime Academy

I grew up lobster fishing and that is what I always planned to do for the rest of my life. I love to fish, but I have seen how hard it is to live season to season and I decided that I would go to college so that I could make guaranteed money and still fish on the side. It was important for me to set a good example for my younger siblings; my father died when I was nine.

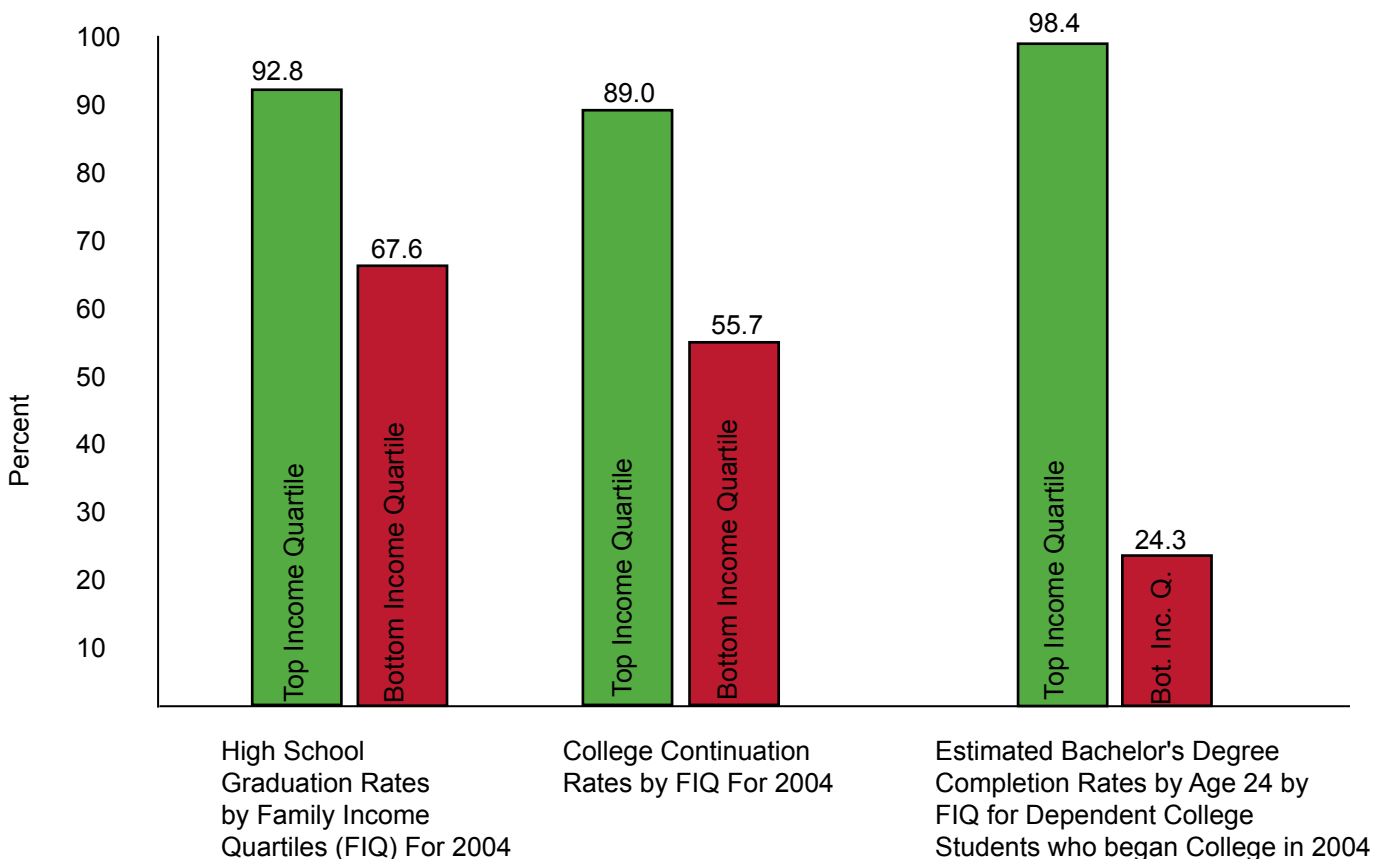
I knew that I always had talent and that I could not pass up the opportunity of college. I truly believe that I would not have made it to MMA without my METS Advisor, Ms. Kilton. She really cared about me and put her heart and soul into me succeeding.

My future plans are to receive my college diploma and get my unlimited tonnage Coast Guard license. My decision to attend college has changed my life forever - in a good way. I should hopefully be all set financially and be able to help my family and all of the people who helped me along the way.

The Need for TRIO Nationally:

One of the clearest indicators of potential academic success is family income level. Students from higher-income brackets consistently achieve at much higher rates than low-income students. Children whose parents haven't gone to college are much less likely to go to college themselves. TRIO programs work to break the cycle of poverty by enabling low-income students to access, and succeed in, postsecondary education.

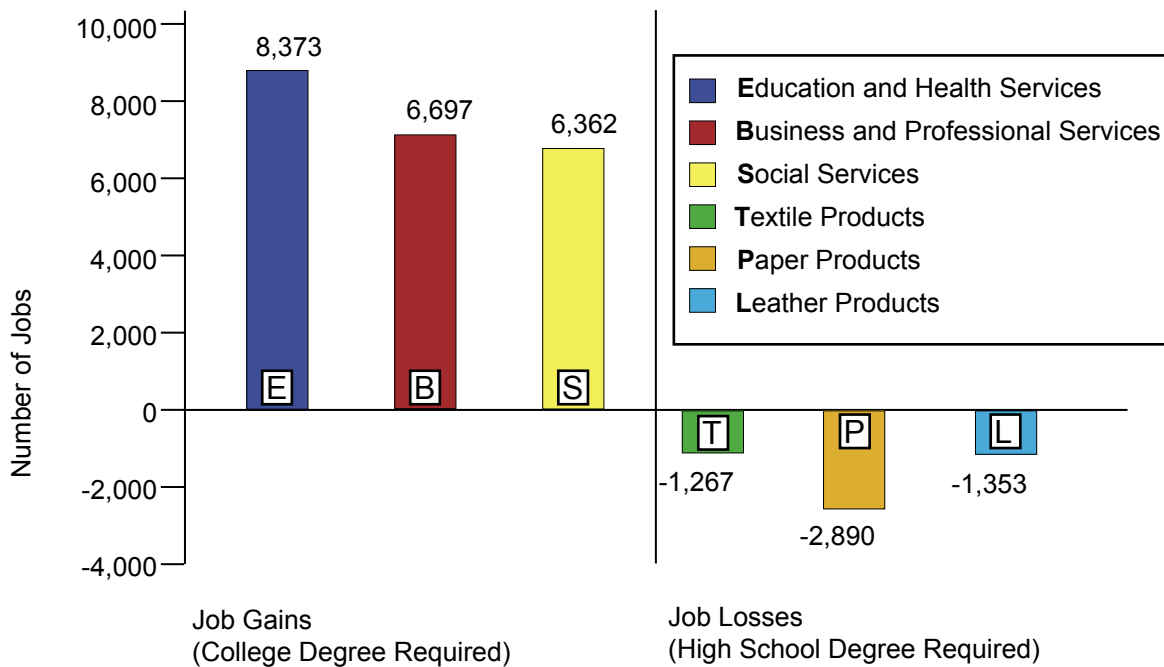
High School Graduation, College Continuation, and Estimated Bachelor's Completion Rates in the United States by Family Income Quartile:



Source: Postsecondary Education OPPORTUNITY, Number 156. June 2005.

Need for TRIO in Maine

Largest Expected Job Gains and Losses by Industry in Maine, 2002-2012



Source: Maine Employment Outlook to 2012, Maine Department of Labor. December 2004, pp 3-5.

Education that Works

One problem facing Maine is the major shift taking place in its labor markets. Demand for traditional Maine jobs such as logging, shoe manufacturing, fishing, and farming are decreasing and being replaced by jobs that demand higher levels of education. For the many Maine residents living in severe poverty, activities that allow them to actively participate in and prepare for this changing society are crucial. Maine's TRIO programs provide such activities and preparation.

Twenty TRIO programs across the state of Maine work with students to prepare them for joining Maine's workforce. Youth programs include the Educational Talent Search (grades 6-12) and Upward Bound (grades 9-12). Adult programs include the Educational Opportunity Center (adults aged 19 and over) and Student Support Services (college students at sponsoring postsecondary institutions.)

By removing the barriers faced by families with low-income and low educational attainment, TRIO programs in Maine help break the cycle of poverty. Increasing the educational attainment of this population not only strengthens Maine's educated workforce, but it also reduces dependence on welfare systems. Thus, Maine's TRIO programs are a vital part of economic growth in Maine.

EOC Achiever: Ronda Alley

Hometown: Franklin
College: University of Maine



When my husband lost his job I went to work at two part time minimum wage jobs to support our family. Feeling discouraged about myself and my situation, I started to explore what options I had to make a better life for my children.

After being out of school for almost 15 years, I went back to adult education and worked with MEOC to prepare for college. MEOC was a tremendous help with teaching me the skills necessary to be an adult college student: study skills, juggling work, college, and family life, and learning about college in general. MEOC helped me through my fears and hesitations of becoming an adult college student.

Because of MEOC I no longer receive fuel assistance or food stamps. I also do not have to work two minimum wage jobs to barely get by. Instead, I have a full time job that I love. This job provides benefits for me and my family.

Currently, I am the student advisor at Sumner Adult Education; I have the opportunity to give back to the community of resources that helped me pursue my dreams of earning a college education.

It was because of my MEOC and college transition experience that I finally completed my college education. I believe that I am in control of my own life instead of circumstances dictating what I do with my life. I also feel I am better able to support my children in pursuing their passions and goals. I think my decision to attend college has had the biggest impact on my children. They realize that their life is meant to be lived actively not passively and that they can make their own choices about the direction they wish to go.

Maine's TRIO PROGRAMS

A snapshot for 2006-2007

Program Location	# Students Served	\$ Award
Educational Opportunity Center University of Maine	<u>2,500</u>	<u>\$660,785</u>
Educational Talent Search University of Maine (2 separate projects)	<u>1,550</u>	<u>\$699,393</u>
Student Support Services		
Central Maine Community College	175	\$267,986
Kennebec Valley Community College	180	\$271,074
Northern Maine Community College	213	\$235,689
University of Maine	400	\$534,262
University of Maine at Augusta	360	\$461,396
University of Maine at Farmington	180	\$271,073
University of Maine at Fort Kent	160	\$274,335
University of Maine at Presque Isle	180	\$286,877
Washington County Community College	160	\$235,689
York County Community College	175	\$220,000
10 Student Support Services Projects	<u>2,183</u>	<u>\$3,058,381</u>
Upward Bound		
Bowdoin College	100	\$410,748
University of Maine	110	\$554,369
University of Maine at Farmington	67	\$343,161
University of Maine at Presque Isle	69	\$345,427
University of Southern Maine (2 separate projects)	<u>106</u>	<u>\$499,496</u>
6 Upward Bound Projects	452	\$2,153,201
Upward Bound Math/Science		
University of Maine	<u>58</u>	<u>\$288,383</u>
20 TRIO Projects in Maine	6,690	\$6,860,143
	Participants Funded to Serve	Total Federal TRIO Funding

The number of students and the funding for Maine's TRIO projects has not changed from the 2005-2006 report.

EDUCATIONAL OPPORTUNITY CENTER

The Educational Opportunity Center Program provides assistance and information to adults who seek to enter or continue a program of postsecondary education.

Participant Eligibility:

The program targets individuals who express a desire to enroll in a postsecondary program and those who request information and assistance in applying for admission and/or financial aid. At least two-thirds of the students must be low-income, potential first-generation college students, age 19 or above, and in need of project services in order to pursue a postsecondary education. If the services of an Educational Talent Search Program are not available in the target area, persons under 19 may be served.

Sponsoring Institutions:

Educational Opportunity Center Programs may be sponsored by institutions of higher education, public and private nonprofit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for Educational Opportunity Center funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed February 15, 2006. The next competition will be held in August, 2010.

Why Educational Opportunity Center in Maine?

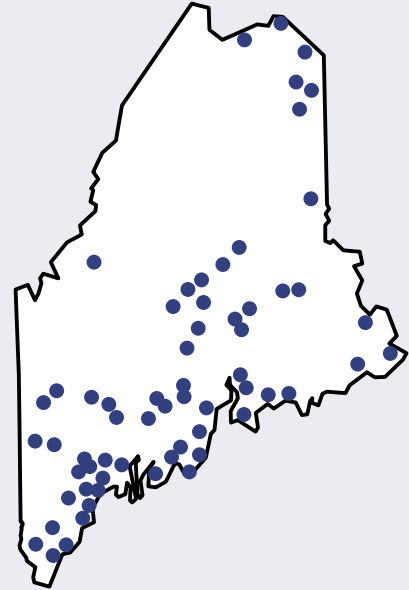
- 73% of individuals aged 25 or over in Maine do not have a college degree. In some of Maine's more rural counties this number reaches 90%. Maine ranks 38th in the nation in this category. (Maine Development Foundation: [2001 Measures of Growth Report](#))
- Only 72% of 2005 Maine high school graduates enrolled in college the following fall. (ME Dept of Education)
- Students from families whose parents did not attend college score significantly lower on the Maine Educational Assessment than students whose parents are college educated. (ME Dept of Education)
- Of adults aged 25 or older with a high school credential, only 4.8% are enrolled in Maine's universities or community colleges. (US Census, American Community Survey, 2004 & ME State Adult Education Report, 2004)
- Of adults aged 25 or older without a high school diploma, only 2.3% achieved a high school credential in 2003-2004. (US Census, American Community Survey, 2004 & Maine State Adult Education Report, 2004)

"My Educational Opportunity advisor showed me that a college education was going to improve my standard of living...more importantly she gave me the tools I needed to learn how to balance a family, a job while attending college."

- Karen, Portland

educational opportunity center
educational opportunity center
educational opportunity center

Educational Opportunity Center Current Public Workshop Sites



EOC Achiever: Dugan Murphy

Hometown: Scarborough/Portland
Major: Urban Planning at the
University of Cincinnati



I was raised in Scarborough by a single mother who worked the night shift overtime at Konica Photo to make ends meet. She died when I was sixteen, leaving me to finish my last two years of high school on my own. I did well in school, but I never considered college.

Three years after settling back down in Portland, I was forced to reevaluate my life and it was at this time I started looking into a career in urban planning since issues in that field greatly concern me. I found I had no idea where to start on pursuing a college education. I just wished I had a college counselor like kids have in high school, so I looked around for someone who knew the ropes and could give me advice. My search led to MEOC where after an introductory workshop I was paired with an advisor who was there for me from preliminary brainstorming through the financial aid process and applications.

I was accepted into the urban planning program at the University of Cincinnati. My plan is to take my degree in urban planning back to Portland and get involved professionally in planning issues that face our city. I'll have that degree in four and a half years. My dream is to own a home on the peninsula and be seen riding my bike down Congress Street in a suit.

EDUCATIONAL OPPORTUNITY CENTER

A Measure of Student and Program Success

Maine Educational Opportunity Center has a notable record of student and program success.

In 2006:

- 631 MEOC participants enrolled in college.
- 100% (1,694) of new MEOC participants developed career and educational plans.

Since 1991

- MEOC has placed more than 8,400 adults in college.
- MEOC has assisted more than 26,500 Maine adults in exploring college and career options.

Current Funding for Maine

# of Awards	1
# of Participants	2,500
Grant Award	\$660,785
Cost per Participant	\$264

National Funding

\$47.72 Million was awarded in FY 06	
Number of Awards	135
Total # of Students Served	205,915
Average Awards	\$353,481
Average # of Participants	1,554
Cost per Participant	\$231

After being out of school for almost 15 years MEOC was a tremendous help with teaching me the skills necessary to be an adult college student.

--Ronda , Franklin

Maine Educational Opportunity Center:

- Provides one-on-one and group support, and guidance to low income adults who will be the first in their families to attend college.
- Is funded entirely by the United States Dept. of Education and sponsored by the University of Maine's College of Education and Human Development.
- Provides access to postsecondary education to a minimum of 2,500 adults per year.

Maine Educational Opportunity Center's mission is to:

- Increase the awareness of postsecondary educational opportunities available to Maine's low-income, first-generation adults who desire to pursue higher education.
- Assist 2,500 of these eligible adults in successfully matching career goals to education plans with the goal of ultimately earning a college degree.

Services Provided by Maine Educational Opportunity Center:

- Academic, financial, and personal counseling
- Career exploration and aptitude assessments
- Help with the re-entry process to high school or college
- Information on postsecondary educational opportunities
- Information on student financial assistance
- Rehabilitation of defaulted loan counseling
- Assistance in completing college admissions testing, college admissions applications, and financial aid applications
- Coordination with nearby postsecondary institutions
- Activities designed to involve and acquaint the community with higher education opportunities

EOC Achiever: Jennifer Brown

Hometown: Lewiston
College: Central Maine
Community College and the
University of Southern Maine



With the demands of family life that occurred to me after high school, I delayed thinking seriously about furthering my education. I had done fairly well in high school but that was nearly ten years ago. I knew the job market would not provide many good opportunities for employment without achieving some sort of skills. Additionally, I found myself asking where would I begin?

That's when I got involved with MEOC. This organization really helped me with the process of applying for college, including all the steps to admissions and financial aid and the paperwork needed. The step by step process made it so easy. Even more so my advisor, Christy, inspired me with the resolve that I could successfully work towards a degree. I am happy to report I have earned an associate degree in Accounting through Central Maine Community College in Auburn in 2006.

Currently, I am working towards a Bachelors degree in Business Management and Accounting at the University of Southern Maine in Portland. Attaining a college degree will enable me to face the future more optimistically for myself and my children.

EDUCATIONAL TALENT SEARCH

The Educational Talent Search (ETS) Program identifies “at-risk” young people who have the desire and the potential for success in postsecondary education. ETS encourages participants to continue and graduate from secondary schools or to return to high school if they have dropped out. The goal of ETS is to successfully encourage participants to enroll in some form of postsecondary education.

Participant Eligibility:

Students must be between the ages of 11 and 27 and have completed five years of elementary education. In any given project, two-thirds (2/3) of the participants must be low-income persons who are also potential first-generation college students.

Sponsoring Institutions:

Educational Talent Search Programs may be sponsored by institutions of higher education, public and private nonprofit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for Educational Talent Search funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed January 6, 2006. The next competition will be held in August, 2010.

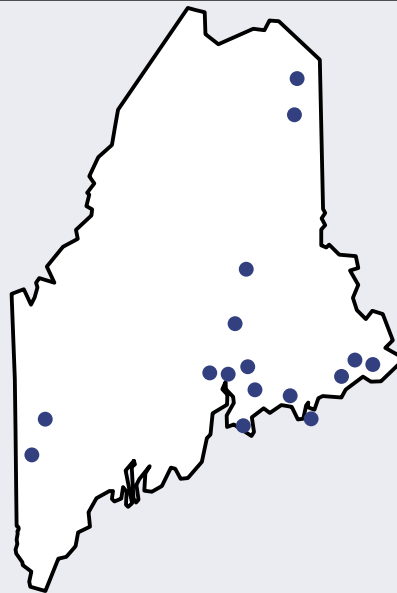
Why Educational Talent Search in Maine?

- In Maine - 22% or 75,644 youth live at or below 150% of the poverty level. (US Census Bureau 2000)
- 77% of individuals aged 25 or over in Maine do not have a college degree. Maine ranks 38th in the nation in this category. (US Census Bureau 2000 and Maine Center for Economic Policy)
- Only 72% of 2005 Maine high school graduates enrolled in college the following fall. (ME Dept of Education)
- Students from families whose parents did not attend college score significantly lower on the Maine Educational Assessment than students whose parents are college educated. (ME Dept of Education)
- Nationally, youth in families whose income level places them in the bottom quartile (TRIO-eligible) have approximately an 8% chance of having earned a bachelors degree by age 25. (Mortensen, 2004)
- First generation students are 50% less likely to go on to college.

“My advisor was there whenever I needed help in deciding which schools to apply for, careers to check out, how to fill out the applications, and even just to talk to when I was feeling overwhelmed. Today, I still send her an email just to chat and discuss pretty much anything.”

--Darcy, Naples

Maine Educational Talent Search Target Schools



ETS Achiever: Darcy Coulombe

Hometown: Naples

College: University of Maine



I am from a family where you have to work hard to get what you want in life. I think growing up and watching my parents work so hard was a huge motivation for me. I will be the first college graduate of my family.

My METS advisor was there whenever I needed help in deciding which schools to apply for, careers to check out, how to fill out the applications, and even just to talk to when I was feeling overwhelmed. METS also waived my application fees and my SAT fees, which was an enormous help, as cash can be pretty tight, especially for a student.

Surviving high school and going on to college is a major accomplishment in my lifetime. I will be graduating from the University of Maine in May with a degree in Biology, and am quite proud of that. My decision to attend college has changed my life dramatically. Not only will I have a degree, making me an excellent candidate for a job position, but I also learned a lot about myself, my friends and my values by moving away from home, living on my own and taking care of my responsibilities as an active member of a school community.

EDUCATIONAL TALENT SEARCH

A Measure of Student and Program Success

Maine Educational Talent Search has a notable record of student and program success. In 2006,

- 90% of METS seniors enrolled in postsecondary education.
- 84% of METS students achieved a C+ or greater grade point average.
- 84% of METS students continued to their second year of postsecondary education.
- METS has assisted more than 9,200 Maine Youth enroll in college since 1977.

Current Funding for Maine

# of Awards	2
Average Awards	\$349,696
Average # of Participants	775
Average Cost per Participant	\$451
Range of Awards	\$204,000-\$495,393
Range of Participants	600-950

National Funding

\$149.63 Million was awarded in FY 06	
Number of Awards	510
Total # of Students Served	392,743
Average Awards	\$293,392
Average # of Participants	770
Cost per Participant	\$380

"I truly believe that I would not have made it to MMA without my METS advisor. She really cared about me and put her heart and soul into me succeeding."

--Kenneth , West Kennebec

Maine Educational Talent Search:

- is the ONLY early intervention federal TRIO Program in Maine.
- serves students in grades 6 through 12.
- has 30 years of successful experience in helping Maine students aspire to, prepare for, and enroll in college.
- currently serves 1626 students in Maine – in 59 needy schools.
- is funded entirely by United States Dept. of Education and sponsored by the University of Maine's College of Education and Human Development.

The Mission of METS is to:

- increase the awareness of postsecondary educational opportunities available to Maine's low-income, first-generation youth (grades 6-12) that desire to pursue a postsecondary education.
- assist eligible youth in successfully completing their secondary education and preparing for successful entry into postsecondary educational programs, with the goal of ultimately earning a college degree.

Services Provided by Talent Search:

- Student academic, financial, and personal counseling
- Career exploration and aptitude assessments
- Help with the re-entry process to high school or college
- Information about postsecondary education
- Personal development workshops in areas such as test taking and study skills
- Assistance in completing college admissions testing, college admissions applications, and financial aid applications
- Personal growth activities focused on 6th – 8th graders
- Tutoring sessions for students with academic need
- Promoting parental involvement

ETS Achiever: Donald L. Leighton Jr.

Hometown: Brewer
College: Thomas College



Growing up, I accepted that adults had to work hard for a living to provide for a family, but it seemed like my father was always working. He missed football games, baseball games, and all of my school events. As I passed through my childhood and into my teenage years my father was not even there to teach me how to shave.

Like a lot of students, I needed financial aid to go to college. This was a big concern. My METS advisor not only helped me look for the best schools to apply to, but she also helped me with my financial aid forms and find the necessary scholarships to help pay for school. Most importantly, during my years in high school, my advisor made sure I was prepared to make the transition to college by helping me with time management and other important skills a student needs to survive in college.

Having a college degree will help me advance in life, give me a career and a stable, secure future. I have missed many possible memories with my father, so I made a decision that my children would not have to live without their father being involved in their lives.

STUDENT SUPPORT SERVICES

The Student Support Services (SSS) Program provides supportive services to disadvantaged college students to enhance their potential for successfully completing the education program in which they are enrolled and to facilitate their transition to the next level of higher education.

Participant Eligibility:

To receive assistance, students must be enrolled, or accepted for enrollment, in a program of postsecondary education at a sponsoring institution of higher education and have an established need for academic assistance. All participants must be low-income, first-generation, and/or physically disabled.

Sponsoring Institutions:

SSS Programs may only be sponsored by institutions of higher education. Each applying institution must be prepared to assure that each student participating in the project will be offered sufficient financial assistance to meet that student's full financial need.

Application/Funding Process:

Competitions for SSS funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The most recent competition was held in the fall of 2004. The next competition will be held in August, 2010.

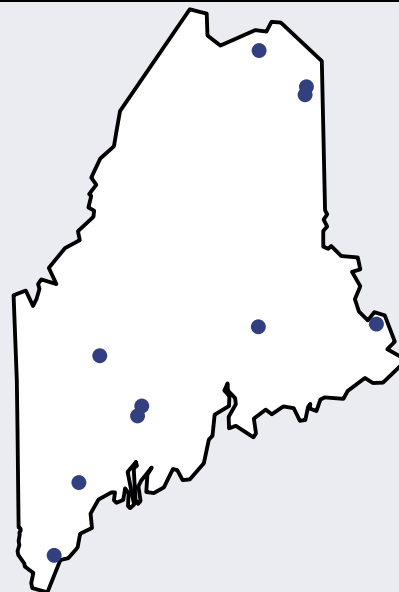
Why Student Support Services in Maine?

- In Maine - 22% or 75,644 youth live at or below 150% of the poverty level. (US Census Bureau 2000)
- 77% of individuals aged 25 or over in Maine do not have a college degree. Maine ranks 38th in the nation in this category. (US Census Bureau 2000 and Maine Center for Economic Policy)
- Only 72% of 2005 Maine high school graduates enrolled in college the following fall. (ME Dept of Education)
- Nationally, youth in families whose income level places them in the bottom quartile (TRIO eligible) have approximately an 8% chance of having earned a bachelors degree by age 25. (Mortensen, 2004)

“It is very different and difficult at times returning to school as a non-traditional student; it’s nice to know that there are programs out there that help older people further their education and they don’t have to do it on their own.”

--Jackie Upton, Caribou

Student Support Services Sponsoring Institutions



SSS Achiever: Jackie Upton

Hometown: Caribou
College: Northern Maine
Community College and Husson
College



When our family moved to Caribou, Maine three and a half years ago, Keith and I had been driving tractor trailers for the past fourteen years. When we moved, I knew I wanted to do something besides drive a truck.

One day Keith took me to Northern Maine Community College. I thought he was crazy, me at my age going back to school and I knew we didn't have the finances to afford college. We went to the financial aid office, and she had us fill out the paperwork. I got the student loans I needed and was told about the TRIO program.

The TRIO program gives you so much support and guidance. They help with scheduling, study assistance and support. It is very different and difficult at times returning to school as a non-traditional student; it's nice to know that there are programs out there that help older people further their education and they don't have to do it on their own.

I graduated in May 2006 with an Associate in Applied Science Degree. With all the support of the TRIO program and my husband's continued support, I am continuing my education at Husson College to receive a Bachelor Degree in Accounting.

STUDENT SUPPORT SERVICES

A Measure of Student and Program Success

Maine's Student Support Services have a notable record of student and program success. In 2005,

- 86% of Maine's SSS participants continued their college enrollment from one academic year to the next.
- 91% of Maine's SSS participants maintained good academic standing at their College Success Programs
- 55% of Maine's SSS participants graduated with a college degree

Current Funding for Maine

\$3,058,381 was awarded in PY 2005-2006

of Awards 10

Average # of Participants 218

Average Cost per Participant \$1,402

National Funding

\$271.4 Million was awarded in FY 06

Number of Awards 953

Total # of Students Served 201,534

Average Awards \$284,784

Average # of Participants 211

Cost per Participant \$1,347

“My children no longer say “if” they go to college they say “when.” Isn’t that a great thing?”

-- Doretta Callahan, Frankfort

Maine Student Support Services Programs:

- Assist 3,148 eligible students to succeed in and complete postsecondary education
- Are funded entirely by United States Dept. of Education and bring \$3,058,381 in federal funds to ten Maine colleges
- Spend an average of \$1,402 per participant

The Mission of SSS:

Student Support Services programs provide supportive services to Maine's low-income, first-generation students, and students with disabilities to enhance their potential for successfully completing the College or University program in which they are enrolled and facilitate their transition to the next level of higher education.

Services Provided by Student Support Services:

- Instruction in reading, writing, study skills, mathematics, and other subjects necessary for success in education beyond high school
- Tutorial services
- Academic, financial, and personal counseling
- Exposure to cultural events
- Assistance in obtaining student financial aid
- Assistance in securing admission and financial assistance for enrollment in four-year institutions (function of SSS at two-year institutions)
- Assistance in securing admission and financial assistance for enrollment in graduate and professional programs (function of SSS at four-year institutions)

SSS Achiever: Doretta Callahan

Hometown: Frankfort

College: University of Maine



When my marriage ended I had to really look at myself and think about how I was going to continue to be the mom I had been to our two boys and still be able to support the family. One of the best choices I ever made was to go to college.

From the minute I picked up the phone to see about going back to school, I have felt nothing but encouragement from everybody at the SSS office. There were times when I ended up on the counselor's doorstep because I had hit a speed bump in life and they were always there for me. Since I'm an old non-traditional student I even needed help with how to turn the darn computer on!

I graduated in May 2006 with a major in elementary education and minor in Native American studies and history. I also have my certificate in Maine studies. I am currently enrolled in the masters program at UM and teach full time in a middle school.

My children no longer say “if” they go to college they say “when.” Isn't that a great thing? Teaching gives me a job I love. I have my independence back financially. And I still get to be the type of mom that I think is important to be.

student support services
student support services
student support services

UPWARD BOUND

The Upward Bound Program attempts to generate skills and motivation necessary for success in education beyond high school. Participants are students currently enrolled in high school who meet the low income and/or potential first generation college student requirement and who are willing to prepare themselves for entry into postsecondary education.

Participant Eligibility:

Students must have completed the eighth grade and be between the ages of 13 and 19 (except for veterans), enrolled in high school, planning to go to college, and need the services in order to fulfill their goals. Two-thirds of the participants must be low-income and potential first generation college students. The remaining participants must be low income or first generation. Participants are selected based on recommendations from their counselors, teachers, and social service agencies.

Sponsoring Institutions:

Upward Bound Programs may be sponsored by institutions of higher education, public and private nonprofit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for Upward Bound funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed in Fall 2006, with grant awards pending. Applications funded in this competition will begin a new, four-year funding cycle on September 1, 2007. The next competition will be held in August, 2011.

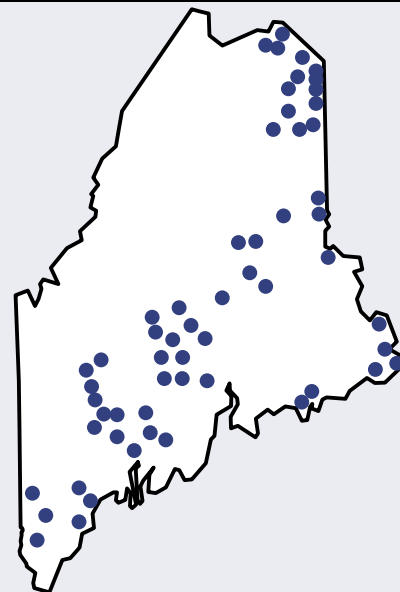
Why Upward Bound in Maine?:

- In Maine - 22% of population lives at or below 150% of the poverty level, (US Census Bureau 2000).
- 77% of individuals aged 25 or over in Maine do not have a college degree. Maine ranks 38th in the nation in this category, (US Census Bureau 2000 and Maine Center for Economic Policy).
- Only 50-52% of 2002 Maine high school graduates enrolled in college the following fall. (Maine Compact for Higher Education Report, 2006).
- Nationally, youth in families whose income level places them in the bottom quartile (TRIO eligible) have approximately an 8% chance of having earned a bachelor's degree by age 25. (Mortensen, 2004)

Upward Bound, its staff, kindness, intellectual stimulation and encouragement for creativity created a solid basis in which a young, lost and homeless person was able to find direction, family and caring.

-- Stephen Perry, Fairfield

Upward Bound Target Schools



UB Achiever: Stephen Perry

Hometown: Fairfield
College: Johnson State College



I was in Upward Bound in the early 70's after the untimely death of my father and subsequent drug and alcohol addiction, which resulted in institutionalization, of my mother. UB saved my very life back then.

Time and again the UB staff rescued me: at age 14, UB managed, through bureaucratic wrangling no one could ever comprehend, to get me into a decent living arrangement. UB orchestrated me into college with scholarships, loans and transportation (Johnson State College, 1972-76, BA English), and enabled me to finish high school in three years.

I went on to become a newspaper reporter, then editor, then a fairly published fiction writer, working for Marvel Comics and Rankin/Bass Productions for Mary Tyler Moore in Television. By the 1980's I had become one of the creators and original writers of a cartoon, Thundercats, still in syndication 30 years later and now enjoying a worldwide resurgence of nostalgic popularity.

UB, its staff, kindness, intellectual stimulation and encouragement for creativity created a solid basis in which a young, lost and homeless person was able to find direction, family and caring.

UPWARD BOUND

A Measure of Student and Program Success

- Maine Upward Bound programs served 468 eligible students in 2005-2006.
- In 2006, 88% of UB students enrolled in post-secondary education.
- In 2006, 75% of UB students achieved a C+ or greater grade point average.
- Since 1999, 69% of UB students have graduated from college or are still attending college.
- Students in the Upward Bound program are four times more likely to earn an undergraduate degree than those students from similar backgrounds who did not participate in TRIO.
(www.trioprograms.org, 2004)

Current Funding for Maine

\$2,153,201 was awarded in PY 2005-2006	
# of Awards	6
Average Awards	\$358,867
Average # of Participants	75
Average Cost per Participant	\$4,764

National Funding

\$266.6 Million was awarded in FY 06	
Number of Awards	761
Total # of Students Served	56,430
Average Awards	\$350,329
Average # of Participants	74
Cost per Participant	\$4,724

“I remember each summer’s last UB day; it always seemed like I was the last one to leave.”
-- Sarah McLean, North Anson

Maine Upward Bound Programs:

- Provide intensive one-on-one support, academic challenge and guidance to low-income high school students who will be the first in their families to attend college.
- Offer early residential college experiences through six-week summer programs on college campuses.
- Have 40 years of successful experience in helping Maine students aspire to, prepare for, and access higher education.
- Currently serving over 450 students in Maine – in 62 needy schools in 62 districts.
- Are funded entirely by United States Dept. of Education and sponsored by five Maine colleges including the University of Maine, Bowdoin College, University of Maine at Presque Isle, University of Maine at Farmington, and University of Southern Maine.

The Mission of Upward Bound is to:

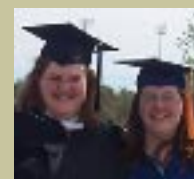
- Generate in high school students the skills and motivation necessary for success in college.
- Assist eligible students in completing secondary education and succeeding in and graduating from college.

Services Provided by Upward Bound:

- Instruction in math through pre-calculus, laboratory science, foreign language, composition, literature, and other subjects necessary for success in education beyond high school
- Academic, financial, or personal counseling
- Exposure to cultural events and tutorial services
- Information on postsecondary education opportunities
- Information on student financial assistance
- Assistance in completing college admissions testing, college admissions applications, and financial aid applications
- Exposure to the range of career options where the disadvantaged person might be under-represented
- Mentoring programs

UB Achiever: Beth and Jess Brophy

Hometown: Deer Isle
College: University of Maine,
Smith College



A large factor in my pursuit of college came from my sister, Jessica. She is two years older than me, and always pushed herself to succeed. Jessica first became part of the Upward Bound program, and through seeing her experiences, UB became a goal of my own.

The UB program helped my family in numerous ways. While we had the desire to change our lives and better our futures, we lacked the knowledge on how to achieve those changes. Upward Bound stepped in and helped us break down the barriers that existed between us and a college education.

Last year I graduated from The University of Maine, and I'm currently working on my Masters. Jessica went to Smith College, graduating with a degree in English. From there she came back to UM and received her Masters in Communication. Today, she is working on her doctorate degree in an independent program.

College will will greatly impact the rest of my life, and allow me to break the cycle of poverty that my family was in -- I will be given the opportunity to have a different experience than my family did growing up, and I am grateful for that opportunity.

UPWARD BOUND MATH/SCIENCE

Upward Bound Math-Science seeks to strengthen the math and science education of participating students and assist them in demonstrating competency in math and science. It also seeks to encourage students to pursue postsecondary degrees in math and science.

Participant Eligibility:

Students must have completed the ninth grade and be between the ages of 13 and 19 (except for veterans), enrolled in high school, planning to go to college, have an interest in and aptitude for careers in math and science, and need the services in order to fulfill their goals. Two-thirds of the participants must be low-income and potential first generation college students. The remaining participants must qualify as low income or first generation. Participants are selected based on recommendations from their counselors, teachers, and social service agencies.

Sponsoring Institutions:

Upward Bound Math-Science Centers may be sponsored by institutions of higher education, public and private agencies and organizations, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for Upward Bound funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The most recent competition was completed in Fall 2006, with grant awards pending. Applications funded in this competition will begin a new, four-year funding cycle on September 1, 2007. The next competition will be held in August, 2011.

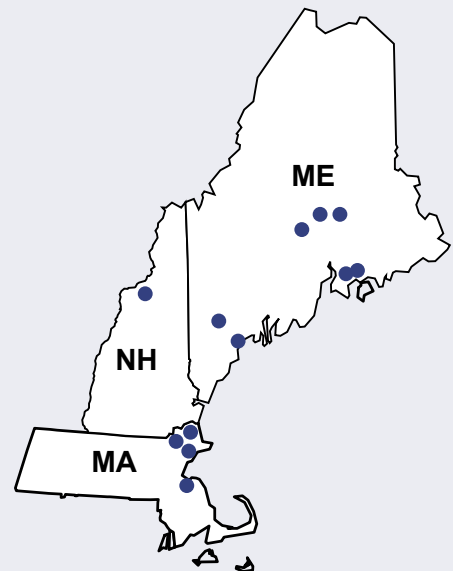
Why Upward Bound Math/Science in Maine?

- In Maine – 38.3% of the population live at or below 150% of the poverty level. (US Census Bureau 2000, UMaine Study, December 2005).
- 77% of individuals aged 25 or over in Maine do not have a college degree. Maine ranks 38th in the nation in this category. (US Census Bureau 2000 and Maine Center for Economic Policy)
- Only 50% of 2002 Maine high school graduates enrolled in college the following fall. (Maine Compact for Higher Education, January, 2006)
- Nationally, youth in families whose income level places them in the bottom quartile (TRIO eligible) have approximately an 8% chance of having earned a bachelor's degree by age 25. (Mortensen, 2004)

“UB Math-Science was a first step in setting myself apart from other students at my school.”

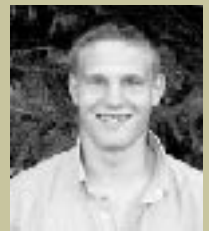
-- Jason Brent Munster, Rockwood

Upward Bound Math/Science Target Schools in Maine



UBMS Achiever: Jason Brent Munster

Hometown: Rockwood
College: Harvard University



My father never graduated from high school, and my mother never made it beyond high school. We were a poor family growing up. I decided a college degree would change all this. It would enable me to get a better job, and would confer self-respect and status to me. Mostly, though, I just wanted to prepare myself for a job that wasn't physical labor.

UBMS was a first step in setting myself apart from other students at my school. Before applying, I'd never gone out of my way to try something new and different from what the other kids were doing. It turned out that UBMS worked out well for me, so I started trying other new activities.

Coming to Harvard opened many doors for me that wouldn't have otherwise been opened. I have had opportunities to do important research on state-of-the-art equipment. In college, I've done things like rock climbing, ice climbing, rugby, and boxing. Through Harvard, I spent summer study abroad in both Germany and Sweden, went to Brazil to play against the junior national team in rugby, and spent a summer doing geology in the western US. I'm certainly not going to look at the world in the same way as I did before college. Coming here taught me how to go out and search for the things that I want.

UPWARD BOUND MATH/SCIENCE

A Measure of Student and Program Success

- UMaine's Upward Bound Math-Science program served 62 eligible students in 2005-2006.
- In 2006, 22 of 24 or 92% of UB seniors enrolled in post-secondary education.
- In 2006, 85% of UB students achieved a C+ or greater grade point average.
- Since 1999, 84% of all UBMS students have graduated from college or are still attending college.
- Students in the Upward Bound program are four times more likely to earn an undergraduate degree than those students from similar backgrounds who did not participate in TRIO. (www.trioprograms.org, 2004)

Current Funding for Maine

# of Awards	1
# of Participants	58
Grant Award	\$288,383
Cost per Participant	\$4,972

National Funding

\$32.3 Million was awarded in FY 06	
Number of Awards	125
Total # of Students Served	6,707
Average Awards	\$258,400
Average # of Participants	54
Cost per Participant	\$4,816

"My turning point in life was when I was chosen to participate in the Upward Bound Math-Science program at the University of Maine. Through this program I was able to overcome language and social barriers that could halt my educational success."

Ismail, Portland

Upward Bound Math/Science

- Provides intensive one-on-one support academic challenge and guidance to low-income high school students who will be the first in their families to attend college.
- Offers residential college experiences through a six-week summer program in Orono.
- Has 15 years of successful experience in helping New England students aspire to, prepare for, and access higher education in areas of math, science, technology and engineering.
- Currently required to serve 58 students in eight target schools in Maine & Massachusetts, including: Mattanawcook Academy, Foxcroft Academy, Central, Oxford Hills, Portland, Lowell, East Boston and Lynn Vocational Technical High Schools.
- Is funded entirely by United States Dept. of Education and sponsored by the University of Maine and administered through the College of Education and Human Development.

The Mission of Upward Bound Math/Science is to:

- Generate the skills and motivation necessary for low-income high school students to succeed in college in the areas of math, science, technology and engineering.
- Assist eligible students to complete secondary education and to succeed in and graduate from college in careers in areas of math, science, technology and engineering.

Services Provided by Upward Bound Math/Science:

- Six-week intensive math (including computer science) and science programs during the summer
- Academic, financial, or personal counseling
- Exposure to experts performing research in math and science
- Tutorial services
- Core curriculum instruction including math through pre-calculus, laboratory science, foreign language, composition, and literature
- Intensive instruction in math and science, including hands-on laboratories, in computer facilities, and at field sites.

UBMS Achiever: Ismael Warsame

Hometown: Portland
College: University of Maine



I was a new immigrant to Maine. I spoke very limited English and I was not familiar with how the whole college process works. I am originally from Somalia, a country that endured almost two decades of civil war. Until now, the war trauma I faced in my early childhood was very real in my life.

The UB Math-Science program helped me in many ways; after my first summer at UB, my English proficiency increased, and I was exposed to a college level science projects. Overall I can conclude that UB shed the light of a bright future for me.

There is no question that our capitalist economical system favors those with higher education degrees. Thankfully I will be graduating next year and will earn my bachelor's degree in International relations. This achievement is going to be a major milestone for my family and me. I give a lot of credit to UBMS TRIO program for my success.

UB Achiever: Kim Goding

Hometown: Rumford, ME
College: Bates College



I remember in ninth grade, I asked my mother for help with my homework. Although she gave her best effort, I could see her struggling just to read the material. My mother, originally from western Maine, dropped out of school during the eighth grade so that she could work to support her brothers and sisters. My father is a Vietnamese immigrant, coming to the America with only the clothes on his back and no knowledge of the English language.

I knew at that moment that I wanted to finish high school and go to college. I wanted to do it for my mother, to show her that the sacrifices she made to support her family would come to fruition in her own children. When no one in your immediate or extended family has ever gone to college, it can be a very scary experience. You have no one to help you fill your college applications, student loan information or to even tell you what college life is like. Upward Bound gave me all of this.

I see a lot of my cousins back in Rumford who did not even graduate high school and I see them struggling as my parents did. My children will never know that life. Currently I am working for the state of Maine doing PR and marketing work. I have a job that is meaningful, challenging and fulfills me in every way possible. I would have never had that without a college degree.

TRIO Programs in Maine At a Glance:

Educational Opportunity Centers serve displaced or underemployed workers. Seventy-two percent of academically prepared adults enroll in college each year in Maine. Serving Maine from a central office on the UMaine campus at 1-800-281-3703.

Educational Talent Search provides preparation and assistance for students in grade six through twelve with college applications and the financial aid process. Eighty-six percent of Talent Search graduating seniors enroll in college. Serving Maine from a central office on the UMaine campus at 1-800-540-0493.

Student Support Services programs help students stay in college until they earn their bachelor's degree. Participants receive tutoring, counseling and remedial instruction. Students in a Student Support Services program are more than twice likely to remain in college as students from similar backgrounds who did not participate in TRIO.

SSS Programs in Maine:

Central Maine Community College	207 - 755 - 5206
Kennebec Valley Community College	800 - 528 - 5882
Northern Maine Community College	207 - 768 - 2839
Washington County Community College	207 - 454 - 1064
University of Maine	207 - 581 - 2320
University of Augusta	207 - 621 - 3152
University of Maine Farmington	207 - 778 - 7295
University of Maine Fort Kent	207 - 834 - 7532
University of Maine Presque Isle	207 - 768 - 9613
York County Community College	800 - 580 - 3820

Upward Bound prepares high school students for entrance and success in college. Provides in-school services and a six-week residential summer program. Upward Bound students are four times more likely to earn a college degree than students from similar backgrounds who did not participate in TRIO.

UB Programs in Maine:

Bowdoin College	877-879-2731
University of Maine	207-778-7297
University of Maine Presque Isle	800-734-3636
University of Southern Maine	800-800-4876
University of Maine (Regular and Math/Science)	800-581-2522